

## 5-Minute Neuro Exam

A simple neurologic screening examination – assessment of mental status, cranial nerves, motor system, sensory system, coordination and gait – can be reliably performed in 3-5 min. Although the components of the examination may appear daunting at first, skills usually improve rapidly with repetition and practice.

### Order of the 5-minute Neurological Examination

1. Mental status, adventitious movements and facial symmetry (already tested during history taking)
2. Gait (casual, heel, toe, tandem)
3. Truncal stability (vermis) and Romberg Test (proprioception)
4. Functional motor testing
  - a. Lower limbs – arise from a squat (or a chair with arms folded)
  - b. Upper limbs – raise arms above head
5. Visual fields, pupils and eye movements
6. Motor exam
  - a. Pronator drift
  - b. Finger-to-nose testing with eyes closed
  - c. Motor tone
  - d. Hand grips
7. Sensory exam (already performed with Romberg and finger-to-nose testing)
8. Coordination (already performed with truncal stability and finger-to-nose testing)
9. Reflexes
  - a. Muscle stretch reflexes
  - b. Babinski sign