

# **SENIOR DINING MENU - HILLSBORO**

The Eagleview, 400 Water Ave, 1st floor, Hillsboro

Phone 608-489-8155

Serving Monday - Thursday @ 12:00 Noon

## **AUGUST 2017**

Soup and salad bar is available to those who prefer it to the printed menu and to those without reservations.

**Tues., Aug. 1** – Baked chicken, potato wedges, baked beans, cornbread muffin, pineapple tidbits, carrot cake w/cream cheese frosting

**Wed., Aug. 2** – Chef salad (ham, turkey, boiled egg, spinach, cheese, tomato, onion, cucumber), whole wheat bread, peaches, Rice Krispie bar

**Thurs., Aug. 3** – Swiss steak, mashed potatoes & gravy, Brussels sprouts, whole wheat bread, pears, lemon bar

**Mon., Aug. 7** – Chili, crackers, cheese slices, fresh carrot, broccoli, & cauliflower w/hummus, corn muffin, pears, chocolate chip cookie

**Tues., Aug. 8** – Sliced roast pork cooked in sauerkraut, steamed baby red potatoes, carrots, whole wheat dinner roll, applesauce, Rice Krispie bar

**Wed., Aug. 9** – Chicken stir fry over brown rice, stir fry vegetables, sliced cucumber salad, fruit cocktail, rainbow sherbet

**Thurs., Aug. 10** – Beef stew (potatoes, carrots, peas), broccoli salad, whole wheat biscuit, fresh fruit cup, pumpkin bar

**Mon., Aug. 14** – Chicken broccoli rice casserole, string cheese stick, carrots, fresh baked wheat bread, tropical fruit, rainbow sherbet

**Tues., Aug. 15** – Scalloped potatoes & ham, steamed corn, kidney bean salad, cornbread muffin, sliced strawberries, angel food cake

**Wed., Aug. 16** – **MUSIC DAY** - Baked cod, baked potato & sour cream, coleslaw, mandarin oranges, peanut butter cookie

**Thurs., Aug. 17** – Meatloaf, mashed potatoes & gravy, steamed beets, whole wheat dinner roll, peaches, oatmeal raisin cookie

**Mon., Aug. 21** – Beef & bean burrito (shredded lettuce, tomato, onion, salsa), Spanish rice, cucumber salad, cornbread muffin, mandarin oranges, oatmeal raisin cookie

**Tues., Aug. 22** – BBQ pork sandwich on whole wheat bun, harvest moon blend vegetables, broccoli salad, whole wheat bun, fresh melon, vanilla pudding

**Wed., Aug. 23** – Roast beef, mashed potatoes & gravy, asparagus, whole wheat bread, strawberries, angel food cake

**Thurs., Aug. 24** – Sliced turkey breast, mashed sweet potatoes, corn, whole wheat dinner roll, fruit cocktail, Snickerdoodle cookie

**Mon., Aug. 28** – Pizza hotdish (whole wheat spiral pasta, tomato sauce), cottage cheese, spinach salad w/ranch dressing, breadstick, pears, pumpkin bar

**Tues., Aug. 29** – Italian chicken breast over parsley buttered whole wheat noodles, steamed broccoli, calico beans, mandarin oranges, Rice Krispie bar

**Wed., Aug. 30** – Potato crusted fish filet, steak fries, steamed crinkle cup carrots, whole wheat bread, strawberries, angel food cake

**Thurs., Aug. 31** – Sliced pork, baked potato & sour cream, green beans, whole wheat dinner roll, fresh fruit cup, chocolate chip cookie



# Eagleview Senior Dining Center Activities

## August 2017



- August 2- UW Extension series
- August 3- 5 handed 500
- August 9- UW Extension series
- August 16- Music
- August 17- 5 handed 500



Are you interested in coming to senior dining but don't like what's on the menu or you forgot to make reservations?

*Soup and Salad Bar is available daily  
with no reservations required!*

**GUNDERSEN**  
ST. JOSEPH'S  
HOSPITAL AND CLINICS