My Trip to the Hospital







I am going to see the doctor.





First we will park the car.

The big doors will open so we can walk in.





There will be a desk with lots of bright lights.

We will check in at the desk so they know I am here.



We will work to support your loved one during his or her visit.

Please let us know if he or she has:

- Autism spectrum disorder
- Sensory processing challenges
- Mental health needs
- Developmental delays





I might see other people who are hurt or sick.





A nurse will call my name when it is time to see the doctor. The nurse will take us into my own room.





The nurse will measure how tall I am...

...and see how much I weigh.





I might smell something I do not like. There might be machines that make beeping noises.





I will wait in a room. My family can stay with me there. Hospital staff wear badges. A badge means they are here to help me.



I will wait for the doctor or nurse. They want me to feel better.



The doctor or nurse will need to touch me to figure out why I am sick or hurt. I will be safe.





The doctor may need to look in my ears.

The doctor is there to help me so I shouldn't be afraid.



I may need to have lab work done.



I may also need to have X-rays.



There are lots of special machines.



They are cool.



When the doctor says I am better, I can go home.