## ALTERNATIVE AND ACTIVE COMMUTING SAFETY DURING COVID-19

When active and/or alternative commuting, please be mindful of safety measures to help reduce the spread of coronavirus within the community. Below are tips to keep one another safe during this unprecedented time.

## **Bicycling**

Disinfect helmet before trips

Ensure you have all items needed while traveling to avoid unnecessary stops

Wipe down bicycle after usage – especially if using a bike rack

Practice proper hand hygiene – wash hands for at least 20 seconds with soap and warm water after biking

## <u>Bus</u>

Enter and exit the bus through rear entry doors

Limit close contact with others by maintaining social distance guidelines of 6 feet when possible

Practice proper hand hygiene – was your hands for at least 20 seconds with soap and warm water

Stay home if you are feeling sick